

## Shih-Yi Chao

趙思怡

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### **PROFESSIONAL APPOINTMENT**

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- 2022-                    **Assistant Research Fellow**  
                              Institute of Sociology, Academia Sinica, Taiwan
- 2019-2021            **Postdoctoral Research Fellow**  
                              Centre of Population Change, University of Southampton, UK

### **EDUCATION**

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- Ph.D.**                    **Sociology**  
                              **Portfolio in Applied Statistical Modeling**  
                              **Trainee of Population Research Center**  
                              The University of Texas at Austin, US

### **RESEARCH & TEACHING INTERESTS**

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Gender, Family and Work; Wellbeing and Social Policies; Family Demography; Social Stratification and Inequality

### **PUBLICATIONS**

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*Journal articles (peer-reviewed)*

Chin-fen Chang, **Shih-Yi Chao**, 2024, “La Pénurie de Main-D'œuvre Sur le Marché du Travail à Taïwan: Une Économie Déséquilibrée et Une Problématique Social Négligé (The Labor Shortage in the Job Market in Taiwan: An Unbalanced Economy and Neglected Social Consequences)”, *Savoir/Agir*, 65, 71-81.

Brienna Perelli-Harris, **Shih-Yi Chao**, Ann Berrington, 2023, “For Better or Worse: Economic Strain, Furlough, and Relationship Quality During the Covid-19 Lockdown”, *Journal of Marriage and Family*, 85(3), 782-806

**Shih-Yi Chao**, Brienna Perelli-Harris, Ann Berrington, Niels Blom, 2023, “Sleep Hours and Quality Before and After Baby: Inequalities by Gender and Partnership”, *Advances in Life Course Research*, 55, 100518

**Shih-Yi Chao**. 2022. “Gender Inequality in Housework: Persistence and Change by Partnership and Parenthood Status in the Early 2000s.” *Journal of Family Issues* 43(10): 2647-2671.

**Shih-Yi Chao** and Jennifer Glass. 2020. “Parental Happiness and Social Policy in Asia.”

*Asian Population Studies* 16 (2): 123-144.

Chelsea Smith, Robert Crosnoe, and **Shih-Yi Chao**. 2016. “Family Background and Contemporary Changes in Young Adults’ School-Work Transition and Family Formation in the United States” *Research in Social Stratification and Mobility* 46:3-10.

*Book Chapter (peer-reviewed)*

Shih-Yi Chao, accepted, “Work and Family Conflict: Indicators, Changes, and Welfare Policy Regimes”, *Taiwan Social Change Survey Symposium Series IV: Family and Marriage* [in Mandarin]. 趙思怡，被接受，〈工作與家庭衝突：指標、變遷與福利體制〉，社會變遷調查計畫成果叢書系列四：家庭與婚姻]

*Policy Briefing & Popular Science Articles*

趙思怡，2025，〈夾縫中的中年：工作、家庭與幸福感〉，《中研院訊》

<https://www.sinica.edu.tw/cp/688>

趙思怡，2023，〈停滯的性別革命：臺灣性別分工圖像與變遷〉，《巷子口社會學》

**Shih-Yi Chao**, Ann Berrington, and Brienna Perelli-Harris. 2021. “A Troubled Year: Life Satisfaction During the Pandemic”. Policy Briefing No.64, ESRC Centre for Population Change. University of Southampton.

Brienna Perelli-Harris, **Shih-Yi Chao**, and Ann Berrington. 2020 “Couples in Crisis: How the government’s furlough scheme has protected relationships during the Covid-19 pandemic”. Policy Briefing No.61, ESRC Centre for Population Change. University of Southampton.

**Shih-Yi Chao**, Ann Berrington, and Brienna Perelli-Harris. 2020. “Gender Attitudes and Practices among Married and Cohabiting Parents”. Policy Briefing No.57, ESRC Centre for Population Change. University of Southampton.

**Shih-Yi Chao**, Niels Blom, Ann Berrington, and Brienna Perelli-Harris. 2020. “How Partnerships Have Changed in the UK Over the Last 30 Years”. Policy Briefing No.50, ESRC Centre for Population Change. University of Southampton.

**AWARDS & HONORS**

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2024.8 – 2025.7     **Research Stipends for Outstanding Researchers**

(國科會補助大專校院獎勵優秀人才)

National Science and Technology Council, Taiwan

2024.2 – 2024.7     **Research Stipends for Outstanding Researchers**

(國科會補助大專校院獎勵優秀人才)

National Science and Technology Council, Taiwan

2014 – 2018     **Graduate Student Professional Development Award**

The University of Texas at Austin, USA

2013 – 2015     **Studying Abroad Scholarship**

2012 Ministry of Education, Taiwan  
**Summer Fellowship**  
The University of Texas at Austin, USA

### **RESEARCH GRANTS**

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- 2025.8 – 2026.7 National Science and Technology Council (Taiwan)  
Project title: Closing the Gender Gap at Home: The Impact of Job Characteristics on Gender Differences in Household Labor  
MOST Grant No.: NSTC 114-2410-H-001-016. Principal Investigator.
- 2023.10 – 2025.3 National Science and Technology Council (Taiwan)  
Project title: Work and Family Conflicts: Indicators, Changes, and Social Welfare Regimes and Policies  
MOST Grant No.: NSTC 112-2410-H-001-097. Principal Investigator.

### **DATA COLLECTION PROJECTS**

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- 2023-2025 Taiwan Social Change Survey, Work and Life Module (台灣社會變遷調查工作與生活問卷), Academia Sinica, Co-investigator. (Participate in International Social Survey Programme 2025 Work Orientation Drafting Group)
- 2024.10 Taiwan Social Image Survey

### **INVITED TALK**

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- 2023.10.21 *Work, Household Labor and Work-Family Conflicts*. Open House, Academia Sinica, Taiwan
- 2022.10.27 *Gender, Labor Market, and Housework in the Period of Stalled Gender Revolution*. Center for Survey Research, Academia Sinica, Taiwan

### **CONFERENCE PAPERS**

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- Shih-Yi Chao**. 2025. “International Conference on Survey Methodology, Application, and New Developments.” International Population Conference, Taipei, Taiwan, August 21-22.
- Shih-Yi Chao**. 2025. “Balancing Work and Family: The Impact of Job Characteristics on Gender Differences in Household Labor” International Population Conference, Brisbane, Australia, July 13-18.
- Shih-Yi Chao**. 2024. “Work and Family Conflict: Indicators, Changes, and Welfare Policy Regimes.” The 3rd ISSP User Conference, Virtual meeting, November 25.
- Shih-Yi Chao**. 2024. “Work and Family Conflict: Indicators, Changes, and Welfare Policy Regimes.” European Population Conference (EPC), Scotland, UK, June 12-15.

- Shih-Yi Chao.** 2024. “Work and Family Conflict: Indicators, Changes, and Welfare Policy Regimes.” Population Association of America (PAA), Columbus, Ohio, US, April 17-20.
- Shih-Yi Chao.** 2023. “Career Prospects and Gender Inequalities in Housework.” Population Association of America (PAA), New Orleans, Louisiana, US, April 12-15.
- Ann Berrington, and **Shih-Yi Chao.** 2022. “Understanding Trends and Patterns in Life Satisfaction during the Pandemic: Gender, Work, and Family Care.” British Society for Population Studies, Winchester, UK, September 5-7
- Shih-Yi Chao.** 2022. “The Stalled Progress in Gender Equality in Housework: Barriers from the Labor Market.” Conference of Population, Family and Health: Global Perspectives, Institute of European and American Studies, Academia Sinica, Taiwan, July 29 2022
- Brienna Perelli-Harris, **Shih-Yi Chao,** and Ann Berrington. 2022. “For better and worse: economic strain, work-family balance, and relationship quality during the Covid-19 pandemic.” Annual Conference of the Population Association of Taiwan, Virtual meeting, May 14
- Shih-Yi Chao,** and Ann Berrington. 2022. “Understanding Changes in Life Satisfaction during the Pandemic: Gender, Work, and Family Care.” YouthLife Workshop: Quantitative Data Analysis and Networking, Virtual meeting, March 24-25
- Brienna Perelli-Harris, **Shih-Yi Chao,** and Ann Berrington. 2021. “For better and worse: economic strain, work-family balance, and relationship quality during the Covid-19 pandemic.” 19<sup>th</sup> Conference of the European Divorce Research Network, Virtual meeting, October 13-15
- Brienna Perelli-Harris, **Shih-Yi Chao,** and Ann Berrington. 2021. “For better and worse: economic strain, work-family balance, and relationship quality during the Covid-19 pandemic.” British Society for Population Studies, Virtual meeting, September 14-15.
- Brienna Perelli-Harris, **Shih-Yi Chao,** and Ann Berrington. 2021. “For better and worse: economic strain, work-family balance, and relationship quality during the Covid-19 pandemic.” Population Association of America (PAA), Virtual meeting, May 5-8.
- Shih-Yi Chao,** Ann Berrington, Brienna Perelli-Harris, and Niels Blom. 2021. “Sleep hours and quality before and after baby: Inequalities by gender and partnership.” Population Association of America (PAA), Virtual meeting, May 5-8.
- Brienna Perelli-Harris, **Shih-Yi Chao,** and Ann Berrington. 2021. “For better and worse: economic strain and relationship quality during the covid-19 pandemic.” Understanding Society Scientific Conference — Changing Families, Virtual meeting, March 22-26.
- Shih-Yi Chao.** 2020. “Housework and the Accumulative Effect of Career Opportunity.” American Sociological Association (ASA), San Francisco, CA, US, August 8-11.
- Shih-Yi Chao,** Ann Berrington, Brienna Perelli-Harris, Niels Blom. 2020. “Gender Inequality in Sleep Following Parenthood: Does Being Married or Cohabiting Matter?” European Population Conference (EPC), Padova, Italy, June 24-27.

- Shih-Yi Chao.** 2018. “Deinstitutionalized Marriage: Housework between Marital and Cohabiting Unions in the 2000s.” American Sociological Association (ASA), Philadelphia, PA, US, August 11-14.
- Shih-Yi Chao** and Jennifer Glass. 2017. “Parental Happiness in East and South Asian Countries.” American Sociological Association (ASA), Montreal, Canada, August 12-15.
- Shih-Yi Chao.** 2016. “Historical Changes in Women’s Employment and Working Conditions in the United States.” Population Association of America (PAA), Washington, DC, US, March 31-April 2.
- Shih-Yi Chao.** 2015. “Working Conditions and Marriage Dissolution.” Population Association of America (PAA), San Diego, CA, US, April 20-May 2.

## **PROFESSIONAL SERVICE**

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### *Reviewer and Commentator*

- 2016 – Reviewer for *Journal of Marriage and Family*, *European Sociological Review*, *Advances in Life Course Research*, *Population Studies*, *Sociological Focus*, *Asian Population Studies*, *Sage Open*, *Journal of Happiness Studies*, *Journal of Youth Studies*, *Sociological Forum*, *Population Health*, *人口學刊*, *社會變遷調查專書* and etc.
- 2024 – Reviewer for Research Project Grants of the National Science and Technology Council (專題研究計畫)
- 2024 – Reviewer for College Student Research Scholarship of the National Science and Technology Council (大專生研究計畫)
- 2024 – Reviewer for Taiwanese Overseas Pioneers Grants of the National Science and Technology Council (人文及社會科學研究海外人才培育計畫)
- 2023.11.18-19 Commentator & Presider, Annual Meeting of Taiwanese Sociological Association, Taipei, Taiwan
- 2023.10.20 Commentator, the Symposium of Gender Role in Taiwan, Institute of Sociology, Academia Sinica, Taipei, Taiwan.
- 2023.03.24-25 Commentator, International Conference on Continuity and Changes in Families in East Asia, Institute of Ethnology, Taipei, Taiwan

### *Committees for Professional Communities*

- 2022-2024 General Affairs Committee Member, Institute of Sociology
- 2022-2024 Library Committee Member, Institute of Sociology
- 2023 Employment Review Committee Member, Institute of Sociology
- 2022-2023 Friday Forum Coordinators, Institute of Sociology
- 2022 Committee Member of 中研院社會所春之闢籌備委員

### *Curriculum Vitae*

- 2023-2025      Dormitory Management Committee Member, Department of General Affairs
- 2022, 2023      Committee member for pre-doctoral dissertation grants, Institute of Sociology (中研院社會所博士培育計畫)
- 2019 – 2020      Seminar Series Coordinator of Centre for Population Change, University of Southampton, UK
- 2018              Administration Team. “Beyond an Island: Taiwan in Comparative Perspectives”, The Annual Conference, North American Taiwan Studies Association, University of Texas at Austin, US

### *Invited Lecturers and Thesis Committees*

- 2022, 2023      Invited Lecturer in Public Sociology Seminar for PhD students, Institute of Sociology
- 2024.02.21; 05.03      Master thesis committee member, 周宏育, Sociology, National Taiwan University, Taiwan
- 2023.01.16      Master thesis committee member, 潘美好, Sociology, National Taiwan University, Taiwan